

Heads Up



SUMMER 2023 NEWSLETTER

TRADUCCIÓN EN ESPAÑOL INCLUIDA - PG. 9

DIRECTOR'S CORNER

Enjoy Summer

The 2022-23 school year has been amazing journey as we have transitioned to our new normal after the era of COVID. Our parents, staff and students have been so resilient during that whole period, and as a program we are working back to a brighter and better future.

Everyone has played an important role in moving us forward this school year and that includes the positive report from our Federal Review. After a week in November of Federal Review officials scrutinizing every aspect of our program, we learned recently that we passed everything with flying colors!

We are really excited that after a very challenging start we broke ground on the Coolwood campus, and construction is well on its way. We look forward to starting school in the building in the 2023-24 school year. In other exciting news, our Humble campus is 99 percent complete, and we will be starting school over the summer.

As we remain focused on the growth and development of our students during the summer, I want to remind parents to have great adventures and read, read, read with your children. You will always be your child's first teacher.

Have a safe and fun summer!

Venetia L. Peacock



Venetia L. Peacock, Head Start Senior Director (right),
with retired Financial Assistant Cecile Porche



Moving onwards and upwards

Now that the 2022-23 school year has ended, families of students going on to kindergarten or moving up to Head Start may be anticipating the next stage in their child's education with excitement, anxiety or a combination of both.

Head Start experts agreed preparation is key to easing the transition from Head Start to kindergarten and from Early Head Start to Head Start. Ramona Burton, Education and Special Services Coordinator, encouraged parents of children going on to kindergarten to build excitement, reduce fear and encourage independence over the summer months. Children should be encouraged to learn how to care for themselves and manage their own belongings, which helps them master the ability to handle multiple tasks at school.

Tamika Ward-Merchant, Education and Special Services Coordinator, said students going into kindergarten are expected to follow directions, but they can practice at home in fun ways by doing activities with one and two-step directions.

"This can be done by playing games, doing crafts, counting, reading out loud or even going for a walk and pointing out what's in the environment," Ward-Merchant said.

La Porte mom Heather Frisbie credits the preparation of her son Charles, now 6, received for his seamless transition last year to College Park Elementary. She took Charles to see the classroom and meet his new teacher before starting kindergarten, and it helped that they live close to the school.

"Talk to your kid about it – that they're going to have a different teacher and everything, and it's going to be OK," Frisbie said.

Whether children are moving on to kindergarten or Head Start, Instructional Coach Maria Gomez said parents can use pictures and stories to familiarize their child with their new class or school. Gomez advised parents to let their child take a favorite toy or stuffed animal to school in the beginning and to remind their child you will be there to pick them up at the end of the day.

Suggested books about starting kindergarten include:

- **The Night Before Kindergarten** by Natasha Wing and Julie Durrel
- **Ms. Bindergarten Gets Ready For Kindergarten** by Joseph Slate
- **Lookout Kindergarten, Here I Come** by Nancy Carlson
- **Kindergarten Rocks** by Katie Davis



Fending off summer learning loss

As schedules change or relax over the summer months, there is still a need to sustain a structured environment at home in which children are able to continue to learn and thrive in order to prevent summer learning loss and be ready for the new school year.

Instructional Coach Ruby Blue said there are many activities parents can do with their children that boosts learning, encourages bonding and are fun, whether it's a trip to the grocery store, a walk in the park or drawing pictures. But most importantly, she said families should build reading and writing into everyday activities

Here are just a few suggestions to keep young brains active:

- Have your child create a journal to tell or draw an event of the day.
- Have your child make a grocery list, by writing or drawing pictures of needed items, and read the list aloud at the store.
- Play math and word games and do puzzles, such as Alphabet Bingo, Connect, Memory or UNO.
- When going on drives, ask your child to look for certain shapes, colors, letters or words on billboards.
- Create a comfy, quiet homework space, where your child can focus.
- Play children's songs and sing along and dance.
- Visit the library and check out books to read at home.

Children's Museum Houston offers endless summer fun and learning

Wondering where to take the kids for a great day out this summer, stay cool and enjoy a wonderful, fun learning environment? Look no further than Children's Museum Houston.

The museum, in partnership with Houston Public Library, is offering literacy kits complete with dozens of activities and materials, such as paints, crayons, soap, wash cloths. The kits are designed for children of different age groups and are in a variety of languages. There are 250 kits that will be available free of charge to families with library cards. The kits will be restocked when they are returned. In addition, there will be a "Power Up" theme to the exhibits and activities, whether it's the power of the body or the power of the imagination.

"It's going to be a kid-powered summer," said Tiffany Espinosa, Director of Outreach Programs.

The museum has for many years been a staunch supporter of Head Start families, thanks to the partnership between HCDE Head Start and the museum's "Open Door Partners" program. The museum's partnership with Head Start is one of hundreds of public and private partnerships across the Houston area designed to improve the support and services for children and families and raise awareness of what the museum has to offer. The museum provides free family passes and summer programming and offers a free family night from 5-8 p.m. every Thursday.

"Every day there is something new at the museum – themes, crafts, performances, workshops – there's always something new to enjoy," Espinosa said.

Espinosa said by partnering with such entities as Head Start, they can identify families who need support. Meanwhile, the museum is a place where families and children can be together and enjoy an informal learning environment. Espinosa said many of their programs and displays are aligned with formal learning in school and provide a way to find learning in everyday activities. For instance, the outdoor EcoStation provides an opportunity to learn about plants, animals, birds and the water cycle and observe the night sky.

"We're all about bringing learning home or finding it in unconventional places," Espinosa said.



Tiffany Espinosa, Children's Museum of Houston

The Houston area offers numerous low-cost activities for families to do over the summer, while a trip to the beach is a short car ride away. They include parks and splash pads, nature centers, Houston Zoo, Miller Outdoor Theatre and public swimming pools.

To find out more, visit:

- Hermann Park hermannpark.org/calendar
- Houston Zoo houstonzoo.org
- Children's Museum Houston cmhouston.org
- Miller Outdoor Theatre milleroutdoortheatre.com
- Discovery Green discoverygreen.com
- Evelyn's Park evelynspark.org
- Levy Park levyparkhouston.org
- Baytown Parks baytown.org/218/Parks-Recreation
- Emancipation Park epconservancy.org
- Houston Parks and Recreation houstontx.gov/parks/swimming.html

Baby event celebrated moms and raised mental health awareness

Baytown Early Head Start in partnership with Babies in Baytown celebrated Mental Health Awareness Month at a special event May 10 in the Baytown Community Center.

The event titled "If You're Happy and You Know it, Meet Me in the Park" was a way to bring the community together to support infants and toddlers' physical, social and emotional development by actively engaging them in quality activities that promote their well-being. The event provided a day for bonding, exploration, and delight for little ones and their families through reading, art, music and movement activities.

The event was made possible with the generous contributions from the following partners:

- City of Baytown Parks and Recreation
- Legacy Community Health
- Sterling Municipal Library
- Harris County Precinct 2 Commissioner Adrian Garcia
- upWords at Texas Children's Hospital
- Raising Cane's Chicken Fingers
- Labatt Food Service
- Lakeshore
- Discount School Supply
- Kaplan Early Learning Company





Humble Head Start Interview Fair

Head Start seeking eligible families for new school year

HCDE Head Start is depending on parents and community members to help get the word out that enrollment for the 2023-24 school year is underway and eligible families are encouraged to apply. The application process kicked off on May 8 for Head Start and starts June 12 for Early Head Start.

Jasmine Imo, Health and Family Services Manager, said campuses are actively recruiting families to enroll, targeting populations by zip code and service area. In addition, Family Services Providers have been sharing the news about Head Start with presentations and events at libraries, community conferences and with medical providers. Staff also meets with families in their communities to let them know about the benefits of Head Start and encourage them to apply.

"Our current parents are very supportive of Head Start and are constantly sharing with their family and friends," Imo said. "Parents follow us on social media, so they often times share posts about enrollment and all the benefits that Head Start has to offer."

Pamela Caligone, who is raising her 3 year-old granddaughter Journey, said she has received nothing but help and support for her and Journey since Journey started at Compton last year. She said Journey is thriving, while the staff is friendly and welcoming, helping her find dental services for Journey close to her home.

"A lot of times we don't know the resources that are available to us — they know, and they can help us," said Caligone, who also serves on Policy Council. "I feel it's a very good avenue to be prepared for public school."

Imo said the benefits of Head Start are many. As well as providing quality academic programming, Head Start provides social-emotional skill development for families, needed resources and assists with goal setting for the entire family. Both Early Head Start, for children 6-35 months, and Head Start, for children ages 3-5, are free to eligible families. Age, income and area are taken into account to assess eligibility.

To apply, visit www.hcde-texas.org

Head Start is hiring – need for EHS teachers and cooks critical

Head Start will be hosting job fairs over the summer and parents are encouraged to apply. While there is a range of positions open, there is an urgent need for Early Head Start teachers and cooks.

"We're always hiring, but Early Head Start is critical," Head Start Director Venetia L. Peacock said. "If you have the experience and demonstrate our mission and goals we can help you get what you need in terms of certification."

HCDE Head Start offers competitive employee benefits, which include: highly competitive salary, great medical benefits, work schedules similar to district calendars, observance of major holidays, free professional development, CDA assistance, teacher retirement and social security benefits.

To prepare before the fair: apply online at www.teachharriscounty.org/head-start, upload your resume, transcripts and/or degree or certifications. On the day of the fair, bring printed copies of all documents listed.

Walk-ins are welcome. For more information and to view available positions, visit www.teachharriscounty.org/head-start. Positions subject to change based on availability.

JOB FAIR DATES

June 15 & June 29 | 6300 Irvington Blvd.
Administration offices in the
conference center
9 a.m. to 2 p.m.



Tidwell expands garden thanks to grant

The Tidwell community came together April 21 to break ground on a new gardening project thanks to a \$5,000 GroMoreGood Garden Grant. The funds are being used to create a vegetable, fruit and herb garden and serve as a learning hub for students and their families.

Campus Manager Carla LaVeaux said with a curriculum already in place, a large, suitable area out front and parent volunteers ready and willing to help out, the grant was just what they needed to fulfill their vision of creating a thriving garden for everyone to participate in and enjoy the produce.

"We have done this before, but not on this scale," LeVeaux said. "It creates an atmosphere where children want to try foods they may not have because they see where they come from. It exposes the children to a lot."

LeVeaux said HCDE's grant department had identified Tidwell, which has around 70 students in both the Head Start and the Early Head Start programs, as a viable school to create a successful garden. The garden will encompass three large, raised u-shaped boxes where children can easily participate in gardening activities. The funds are being used to buy the boxes, supplies and equipment.

"We are super excited for Early Head Start and Head Start students as they watch their garden grow, and we look forward to ensuring we sustain the benefits and learning experience of gardening with our students," Head Start Director Venetia L. Peacock, said.

LeVeaux said they will be relying on parents to manage the garden, while teachers and students will tend the

garden during school hours. LeVeaux said they plan on growing herbs and vegetables with the intention of having students participate every step of the way from seeds to the plate, as well as having their own farmer's market.

"I have parents who were already gung-ho and looking forward to getting started," LeVeaux said. "When it came to fruition we were all very excited."

HCDE Head Start was one of 10 organizations this year to receive the grant, designed to give organizations the opportunity to produce healthy food options. As part of the grant award, HCDE's Head Start division was recognized at the May 10 National Head Start Conference Scholarship and Awards Ceremony in Phoenix, Arizona.



Exploring Nutrition Together: Parent-Child Food Science Fair Winners

Winners of the Parent-Child Food Science Fair were announced earlier this spring at the final round of judging at the Irvington Administration Building, after winning top honors at the campus level.

Designed to promote healthy eating and bonding between parents and their child, the annual event tasked parents and students to select a fruit or vegetable and create a healthy dish. Parents then documented their child's efforts by creating a poster board with photos and three facts about the selected ingredient.

Each project was judged for first, second, or third place on appearance, healthiness and creativeness of the poster board.

"This year's Parent and Child Food Science Fair was amazing," said Head Start Education and Services Manager Pamela Lee-Jones. "Students received plaques and certificates and were so thrilled to be a part of this event that allows families to be creative while learning about fruits and vegetables."

THIS YEAR'S WINNERS WERE

INFANTS

Tessa Glenn (Tidwell EHS)
strawberry and yogurt parfait

TODDLERS

James Lopez (Tidwell EHS)
bell pepper paste

Seth Salas (John G. Jones Learning Center)
banana milkshake

Oaklee Simpson (Purpose Kids)
pineapple banana smoothie

PRE-KINDERGARTEN

Emily Vasquez (Pugh HS)
mango cucumber salad

JaJuan Dixon (Compton HS)
very hungry grape caterpillar

Benjamin Griffin (La Porte HS)
creamy spinach chicken

Mark your calendar

JUNE

2-7 **EHS Campuses are Closed**
12-29 **EHS Summer Schedule (Closed Fridays)**

JULY

3-6 **EHS Campuses are Closed**
10-20 **EHS Summer Schedule (Closed Fridays)**

AUGUST

11-13 **Tax Free Weekend**
21 **First Day of School**

Check with each Campus Manager for details of these and other happenings, as dates may vary for each campus.

Make a healthy lifestyle a priority over the summer

Now that school is out and families are on different schedules, keeping up with a healthy lifestyle doesn't have to go on the back burner. Whether it's a walk around the block or organized sport, physical activity is crucial for a child's development, both physically and mentally, and just as important for adults, while maintaining healthy eating habits just makes everyone feel good.

Lauren Roper, Dietetic Intern, offered a number of fun activities that parents can do with their children to stay active, and cautioned to stay hydrated, wear sunscreen and keep activities short for young children. A few suggestions:

- Get outside with a ball: a soccer ball, softball, basketball or just a ball.
- Have a water day: many parks have splash pads or public swimming pools. Alternatively, set up a kiddie pool, sprinkler or slip-and-slide.
- Go on a nature walk: look out for birds, insects and other interesting sights, and pack a lunch.
- Dance: play your favorite tunes and have a dance party.
- Create an obstacle course inside or outside: use hula hoops, cones and jump ropes.

Campus Directory

BARRETT STATION

808 1/2 Magnolia Ave.
Crosby, TX 77532
Norma Starr, Campus Mgr.
713-696-3119

BAYTOWN

317 Massey Tompkins Rd.
Baytown, TX 77521
Valerie Stephens
Campus Mgr.
713-696-3120

CHANNELVIEW

16102 Ridlon
Channelview, TX 77530
VACANT
713-696-1852

COMPTON

9720 Spaulding St.
Houston, TX 77016
Merevonna Ross-Daniel
Campus Mgr.
713-635-4142

COOLWOOD

767 Coolwood Dr.
Houston, TX 77013
CLOSED FOR CONSTRUCTION

DOGAN

4202 Liberty Rd.
Houston, TX 77026
Shenekia Hines
Campus Mgr.
713-672-0207

FIFTH WARD

4014 Market St.
Houston, TX 77020
Traci Houston
Campus Mgr.
713-237-0264

FONWOOD

9709 Mesa Dr.
Houston, TX 77078
Markeysha Hinderman
Campus Mgr.
713-556-3830

HUMBLE

130 Atascocita Rd.
Humble, TX 77396
VACANT
713-696-3121

J.D. WALKER

7613A Wade Rd.
Baytown, TX 77521
Lisa Wells, Campus Mgr.
713-696-3122

LA PORTE

927 South 1st St.
La Porte, TX 77571
Nadia Epps, Campus Mgr.
713-696-3123

PUGH

1042 Henke St.
Houston, TX 77020
Catherine Jones
Campus Mgr.
713-675-6222

SHEFFIELD

14300 Wallisville Rd.
Houston, TX 77049
Sherry Eagleton
Campus Mgr.
713-450-3813

TIDWELL

8302 John Ralston Rd.
Houston, TX 77044
Carla LeVeaux
Campus Mgr.
713-696-3124

HCDE Head Start Mission and Vision:

To improve school readiness for children, families and the community | To create a learning environment of excellence dedicated to positively impacting our children, families, employees, community partners and society | Para mejorar la preparación para la escuela para niños, familias y la comunidad | Para crear un ambiente de aprendizaje excelente dedicado a impactar a los niños, familias, empleados, socios de la comunidad y la sociedad.

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Superintendent

James Colbert, Jr.

Assistant Superintendent

Jonathan M. Parker

Senior Director

Venetia L. Peacock

Assistant Director - Early Head Start CCP

Jameese Stancill

Assistant Director of Education and Family Services

Gulshan Rahman

Community Partnerships Manager

Armando Rodriguez

Operations Services Manager

Suzanne Cates

Nutrition Services Manager

Courtney Mitchell

Compliance Manager

Gino Kamaya

Education & Special Services Manager

Pamela Jones-Lee

Health & Family Services Manager

Jasmine Imo

Compliance

Stacy Destin
Faye Y. Johnson
Rose Menefee

Education

Ramona Burton
Yadira DeLaCruz
Maria Gomez
Vanessa Ward

Family Services

Daniela Gonzalez
Claudia Hernandez-Contreras
Michele Nwokobia
Cesilia Pereira

Health

Carlos Martinez
Raul Zavaleta

Nutrition

Adanna Stephen
Eva Burgos-Valdes

Operations

Laura Dugas-Kelley
Taiwan Williams

Professional Development

Patricia Kuskos

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David Brown
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Danyahel Norris

2023 Head Start Newsletter Team

Production Manager

Armando Rodriguez

Translator

Alboum Translations

Editor

Annette Baird

Designer

Jim Cunningham

HARRIS COUNTY DEPARTMENT OF EDUCATION HEAD START

6300 Irvington Blvd., Houston, TX 77022

713-672-9343

Heads Up



BOLETÍN DE VERANO DE 2023

RINCÓN DEL DIRECTOR

Disfrutar el Verano

El

año escolar 2022-23 ha sido todo un viaje en la transición a nuestra nueva normalidad después de la era del COVID. Todos han desempeñado un papel importante en hacernos avanzar este año escolar, cuyo resultado fue un informe positivo de nuestra Revisión Federal. Aprobamos con gran éxito después de que los funcionarios federales examinaran todos los aspectos de nuestro programa.

Estamos entusiasmados con nuestros proyectos de construcción. La construcción del nuevo campus de Coolwood está bien encaminada, y prevemos comenzar los servicios en el año escolar 2023-24. Se espera que el edificio Barrett Station EHS esté terminado este otoño. Y lo más emocionante de todo, comenzaremos el nuevo año escolar con la apertura del nuevo edificio de Humble Early Head Start.

Ahora que el verano está sobre nosotros, espero que las familias pueden destinar tiempo para descansar, recargar energías y crear recuerdos. Durante este tiempo, insto a los padres a centrarse en el crecimiento y desarrollo de sus estudiantes. Cada actividad y aventura es una oportunidad de aprendizaje, y no olviden leer muchos libros juntos. Ustedes son los primeros y más importantes maestros de sus hijos.

¡Que tengan un verano divertido y seguro!

Venetia L. Peacock



Venetia L. Peacock, Directora Senior de Head Start (derecha) con Sandra Cardenas, Presidenta del Consejo de Políticas Provisional



Hacia adelante y hacia arriba

Ahora que el año escolar 2022-23 ha terminado, las familias de los estudiantes que van a kínder o pasan a Head Start pueden estar anticipando la siguiente etapa en la educación de sus hijos con entusiasmo, ansiedad o una combinación de ambos.

Los expertos de Head Start coinciden en que la preparación es clave para una transición fácil a kínder y de Early Head Start a Head Start. Los niños deben ser alentados a ser más independientes, para cuidar de sí mismos, manejar sus pertenencias y seguir las instrucciones, algo que se espera que hagan en kínder. Tamika Ward-Merchant, coordinadora de educación y servicios especiales, dijo que los padres pueden practicar en casa de forma divertida dando a sus hijos actividades con instrucciones de uno y dos pasos.

La mamá de La Porte, Heather Frisbie, cuyo hijo Charles, ahora de 6 años y que tuvo una transición fácil a College Park Elementary, aconsejó a los padres que hablen con sus hijos sobre a dónde irán y que visiten la escuela y conozcan al maestro de antemano.

Ya sea que los niños pasen a kínder o Head Start, la entrenadora de instrucción María Gómez dijo que los padres pueden utilizar imágenes y cuentos para familiarizar a su hijo con su nueva clase o escuela. Gómez aconsejó a los padres dejar que su hijo lleve un juguete favorito o un peluche a la escuela al principio y recordar a su hijo que usted estará allí para recogerlo al final del día.

Entre los libros sugeridos sobre el comienzo de kínder figuran:

- **The Night Before Kindergarten** por Natasha Wing y Julie Durrel
- **Ms. Bindergarten Gets Ready For Kindergarten** por Joseph Slate
- **Lookout Kindergarten, Here I Come** por Nancy Carlson
- **Kindergarten Rocks** por Katie Davis

Prevenir la pérdida de aprendizaje en verano

Mientras los horarios cambian o se relajan durante los meses de verano, sigue siendo necesario mantener un entorno estructurado en casa en el que los niños puedan seguir aprendiendo y prosperando para evitar la pérdida de aprendizaje en verano y estar preparados para el nuevo año escolar.

La entrenadora de instrucción Ruby Blue dijo que hay muchas actividades que los padres pueden hacer con sus hijos que estimulan el aprendizaje, fomentan los lazos afectivos y son divertidas, ya sea una excursión al supermercado, un paseo por el parque o hacer dibujos. Pero lo más importante es que las familias incorporen la lectura y la escritura a sus actividades cotidianas.

Estas son algunas sugerencias para mantener activos los cerebros jóvenes:

- Pida a su hijo que cree un diario para contar o dibujar un acontecimiento del día.
- Pida a su hijo que haga una lista de la compra, escribiendo o dibujando los artículos que necesita, y léala en voz alta en la tienda.
- Juegue a juegos matemáticos y de palabras, como el Bingo del alfabeto, Conecta, Memoria o UNO.
- Haga rompecabezas
- Cuando vaya en auto, pídale a su hijo que busque determinadas formas, colores, letras o palabras en los carteles publicitarios.
- Cree un espacio cómodo y tranquilo para hacer los deberes, donde su hijo pueda concentrarse.
- Ponga canciones infantiles, cántelas y baile.
- Visite la biblioteca y saque libros para leer en casa.



Tiffany Espinosa, Children's Museum of Houston

El museo Children's Museum Houston ofrece diversión y aprendizaje sin fin en verano

Uno de los aspectos destacados de la programación de verano del Children's Museum Houston son los kits de alfabetización que el museo prestará en asociación con la Biblioteca Pública de Houston. Los kits incluyen docenas de actividades y materiales, como pinturas, crayones y jabón. Los kits están diseñados para niños de distintas edades y en varios idiomas.

Hay 250 kits que estarán disponibles gratuitamente para las familias con carné de la biblioteca. Además, habrá un tema "Power Up" en las exposiciones y actividades, ya sea el poder del cuerpo o el poder de la imaginación.

Durante muchos años, el museo ha sido un firme defensor de las familias de Head Start, gracias a la asociación entre HCDE Head Start y el programa "Open Door Partners" del museo. El museo proporciona pases familiares gratuitos y programación de verano y ofrece una noche familiar gratuita de 5 a 8 p.m. todos los jueves, en la que hay actuaciones, un tiempo para cuentos bilingüe -con libro gratuito- y los socios de la comunidad vienen a compartir sus recursos.

Mientras tanto, el museo es un lugar donde las familias y los niños pueden estar juntos y disfrutar de un entorno de aprendizaje informal. Muchos de los programas y exposiciones

están alineados con el aprendizaje formal en la escuela y proporcionan una forma de encontrar el aprendizaje en las actividades cotidianas. Por ejemplo, la Ecoestación al aire libre ofrece la oportunidad de aprender sobre plantas, animales y aves, el ciclo del agua y observar el cielo nocturno.

El área de Houston ofrece numerosas actividades de bajo costo para realizar en familia durante el verano, mientras que una excursión a la playa está a un corto trayecto en auto. Entre ellas figuran parques y zonas de chapoteo, centros de naturaleza, el Houston Zoo, el teatro Miller Outdoor Theatre y piscinas públicas.

Para conocer más, visite:

- Hermann Park hermannpark.org/calendar
- Houston Zoo houstonzoo.org
- Children's Museum of Houston cmhouston.org
- Miller Outdoor Theatre milleroutdoortheatre.com
- Discovery Green discoverygreen.com
- Evelyn's Park: evelynspark.org
- Levy Park levyparkhouston.org
- Baytown Parks baytown.org/218/Parks-Recreation
- Emancipation Park epconservancy.org
- Houston Parks and Recreation houstontx.gov/parks/swimming.html

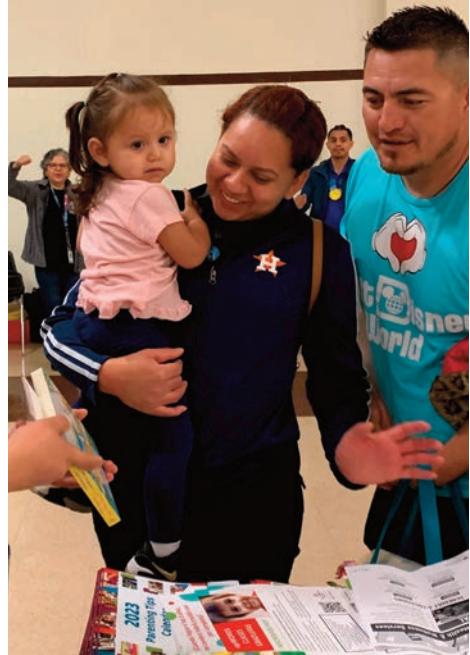
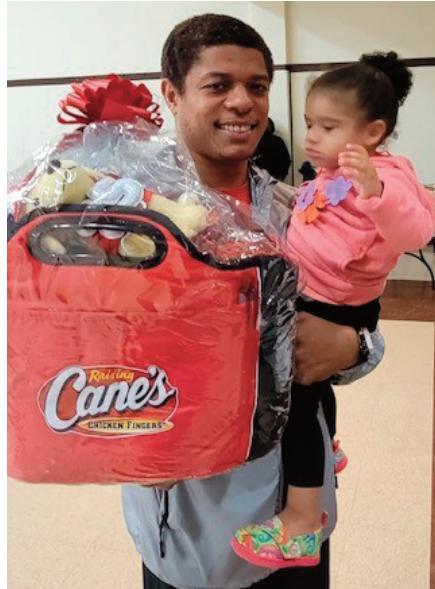
El evento para bebés celebró a las mamás y generó conciencia sobre la salud mental

Baytown Early Head Start en asociación con Babies in Baytown celebró el Mes de la Concienciación sobre la Salud Mental en un evento especial el 10 de mayo en el Centro Comunitario de Baytown.

El evento titulado “Si eres feliz y lo sabes, encuéntrame en el parque” fue una forma de reunir a la comunidad para apoyar el desarrollo físico, social y emocional de los bebés y niños pequeños mediante la participación activa en actividades de calidad que promuevan su bienestar. El evento ofreció a los pequeños y a sus familias un día para estrechar lazos, explorar y deleitarse con actividades de lectura, arte, música y movimiento.

El evento no habría sido posible sin las generosas contribuciones de los socios del evento. Entre ellos se incluyen:

- City of Baytown Parks and Recreation
- Legacy Community Health
- Sterling Municipal Library
- Harris County Precinct 2 Commissioner Adrian Garcia
- upWords at Texas Children's Hospital
- Raising Cane's Chicken Fingers
- Labatt Food Service
- Lakeshore
- Discount School Supply
- Kaplan Early Learning Company





Head Start busca familias elegibles para el próximo año escolar

HCDE Head Start depende de los padres y miembros de la comunidad para ayudar a correr la voz de que la inscripción para el año escolar 2023-24 está en marcha y se anima a las familias elegibles a postularse. El proceso de postulación se inició el 8 de mayo para Head Start y comienza el 12 de junio para Early Head Start.

Jasmine Imo, gerenta de servicios de salud y familia, dijo que los beneficios de Head Start son muchos. Además de proporcionar una programación académica de calidad, Head Start ofrece desarrollo de habilidades socioemocionales para las familias, recursos necesarios y ayuda con la determinación de objetivos para toda la familia. Tanto Early Head Start, para niños de 6 a 35 meses, como Head Start, para niños de 3 a 5 años, son gratuitos para las familias elegibles. Para evaluar la elegibilidad se tienen en cuenta la edad, los ingresos y la zona.

“Nos encantaría que las familias nos llamen para responder a cualquier pregunta adicional, y esperamos dar la bienvenida a su hijo en los programas Early Head Start y Head Start para el año escolar 2023-2024”, dijo Imo.

Para postularse, visite www.hcde-texas.org

Head Start está contratando - se necesitan maestros y cocineros para EHS con urgencia

Head Start organizará ferias de empleo durante el verano y se anima a los padres a postularse. Si bien hay una serie de puestos abiertos, hay una necesidad urgente de maestros y cocineros para Early Head Start.

HCDE Head Start ofrece beneficios competitivos para los empleados, que incluyen: salario altamente competitivo, grandes beneficios médicos, horarios de trabajo similares a los calendarios de distrito, observancia de los principales días festivos, desarrollo profesional gratuito, ayuda CDA disponible, jubilación de los maestros y beneficios de seguridad social.

Para prepararse antes de la feria: presente su solicitud en línea en www.teachharriscounty.org/head-start, cargue su currículum, expedientes académicos y/o títulos o certificaciones. El día de la feria, traiga copias impresas de todos los documentos mencionados anteriormente

Se admiten personas sin cita previa. Para más información y para ver los puestos disponibles, visite www.teachharriscounty.org/head-start. Los puestos están sujetos a cambios en función de la disponibilidad.

FECHAS DE LAS FERIAS DE EMPLEO:

15 y 19 de Junio
6300 Irvington Blvd.
Horas de las ferias de empleo:
9 a.m. a 2 p.m.



Tidwell amplía su huerto gracias a una subvención

La comunidad de Tidwell se reunió el 21 de abril para innovar en un nuevo proyecto de jardinería gracias a una subvención GroMoreGood Garden de \$5,000. Los fondos se están utilizando para crear un huerto de verduras, frutas e hierbas y servir como un centro de aprendizaje para los estudiantes y sus familias.

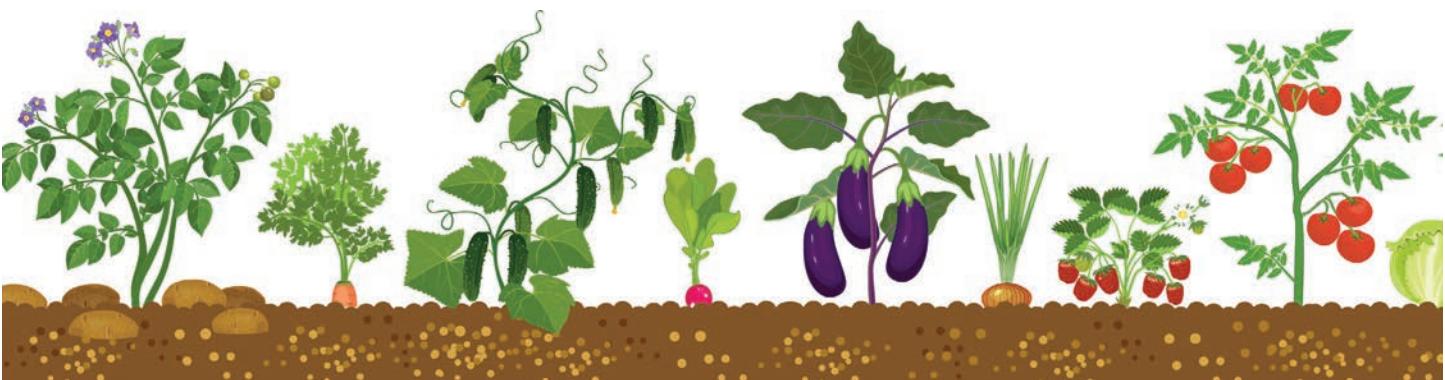
La administradora del campus Carla LaVeaux dijo con un plan de estudios ya listo, un área grande y adecuada enfrente y los padres voluntarios listos y dispuestos a ayudar, la subvención era justo lo que necesitaban para cumplir con su visión de crear un huerto próspero para que todos participen y disfruten de los productos.

El departamento de subvenciones del HCDE identificó a Tidwell, que tiene aproximadamente 70 estudiantes en los programas Head Start y Early Head Start, como una escuela viable para crear un huerto exitoso. El huerto constará de tres grandes cajas elevadas en forma de U en las que los niños podrán participar fácilmente en las actividades de jardinería. Los fondos se están utilizando para comprar las cajas, suministros y equipos.

LeVeaux dijo que contarán con los padres para manejar el huerto, mientras que los profesores y los estudiantes se ocuparán del huerto durante las horas de clase. LeVeaux dijo que planean cultivar hierbas y verduras con la intención

de que los estudiantes participen en cada paso del camino desde las semillas hasta el plato, así como tener su propio mercado de agricultores.

HCDE Head Start fue una de las 10 organizaciones de este año para recibir la subvención, diseñada para dar a las organizaciones la oportunidad de producir opciones de alimentos saludables. Como parte del otorgamiento de la subvención, la división Head Start de HCDE fue reconocida en la ceremonia de entrega de becas y premios de la Conferencia Nacional Head Start celebrada el 10 de mayo en Phoenix, Arizona.



Hacer de un estilo de vida saludable una prioridad durante el verano

Ahora que la escuela terminó y las familias tienen horarios diferentes, mantener un estilo de vida saludable no tiene por qué pasar a un segundo plano. Ya sea un paseo por la manzana o un deporte organizado, la actividad física es crucial para el desarrollo de los niños, tanto física como mentalmente, e igual de importante para los adultos, mientras que mantener hábitos alimentarios saludables hace que todos se sientan bien.

Lauren Roper, practicante de dietética, ofreció una serie de actividades divertidas que los padres pueden hacer con sus hijos para mantenerse activos, y advirtió que hay que mantenerse hidratado, usar protección solar y mantener las actividades cortas para los niños pequeños. Algunas sugerencias:

- Salga al aire libre con una pelota: de fútbol, de softball, de baloncesto o simplemente una pelota.
- Pase un día en el agua: muchos parques tienen zonas de chapoteo o piscinas públicas. También puede instalar una piscina infantil, un aspersor o un tobogán.
- Pasee por la naturaleza: busque pájaros, insectos y otras cosas interesantes, y empaque un almuerzo.
- Baile: ponga sus canciones favoritas y haga una fiesta.

Exploraremos juntos la nutrición: Ganadores de la Feria de ciencias de la alimentación de padres e hijos

Los ganadores de la Feria de Ciencias de la Alimentación de Padres e Hijos fueron anunciados a principios de esta primavera en la ronda final de evaluación en el edificio de administración de Irvington, después de ganar los máximos honores a nivel de campus.

Diseñado para promover la alimentación sana y el vínculo entre padres e hijos, el evento anual pedía a padres y estudiantes que seleccionaran una fruta o verdura y crearan un plato sano. Los padres documentaron los esfuerzos de sus hijos creando un cartel con fotos y tres datos sobre el ingrediente seleccionado. El primer, segundo o tercer puesto de cada proyecto se otorgaba en función del aspecto, la salubridad y la creatividad del cartel.

Apunte estas fechas

JUNIO

- 2-7.....**Los campus de EHS están cerrados**
12-29.....Horario de verano de EHS
(cerrado los viernes)

JULIO

- 3-6.....**Los campus de EHS están cerrados**
10-20.....Horario de verano de EHS
(cerrado los viernes)

AGOSTO

- 11-13Fin de semana libre de impuestos
21.....**Apunte estas fechas**

Consulte con cada Administrador del Campus para conocer detalles sobre estos y otros eventos ya que las fechas pueden variar en cada campus.

LOS GANADORES DE ESTE AÑO FUERON:

INFANTES

Tessa Glenn (Tidwell EHS)
parfait de fresas y yogur

NIÑOS PEQUEÑOS

James Lopez (Tidwell EHS)
pasta de pimiento

Seth Salas (John G. Jones Learning Center)
batido de banana

Oaklee Simpson (Purpose Kids)
licuado de banana y piña

PRE-KÍNDER

Emily Vasquez (Pugh HS)
ensalada de mango y pepino

JaJuan Dixon (Compton HS)
oruga de uva muy hambrienta

Benjamin Griffin (La Porte HS)
pollo cremoso de espinacas